

Walks Programme April – June 2026

Each walk has been created in a different font to enable easier search, Namely:

Strolls in blue font. Leisure In green font. Long in orange font. Sunday in black font. Evening are in mauve font.

Strolls

Day: Saturday 11th April.
Start Time: 10.00 hrs.
Name: Birthday Woodland Walk.
Leader: Diana W. Tel: 01323 733524. (Mobile) 07486653910.
Meet: Co-op Green Street.
Info: Take 1/1A bus. A woodland wander and then back to Diana's home, by kind invitation, to enjoy and celebrate her birthday with coffee & cake!
Day: Saturday 18th April.
Start Time: 10.00hrs.
Name: Witch's Haunts.
Leader: Win. Tel: 07789 257692 (mobile).
Meet: : Corner of Sutton Road and Highlands Road, outside St. Thomas More Catholic church.
Info: 2.5 Miles. Bus 12x 09.23 Gildredge Road to Memorial. Bring drink. Ends 12.15.
Day: Saturday 25th April.
Start Time: 10.30 hrs.
Name: Anyone for a stroll?
Leader: Bridget T – Tel: 01323 768482 / (Mobile) 07963479399.
Meet: RNLI Shop Eastbourne.
Info: An easy flat walk suitable for everyone. Enjoy a coffee at Holywell enroute.
Day: Saturday 2nd May
Start Time: 10.30 hrs.
Name: Two Deans and a Cake.
Leader: June B. Tel: 07769 747719 (mobile).
Meet: Meet at Saltdean Lido stop.
Info: Catch the 12X bus and arrive at 10.30am where walk starts. An undercliff walk to Rottingdean and then onto Kipling Gardens. Coffee stop at Rottingdean. Leader at start.
Day: Saturday 9th MAY
Start Time: 10.45 hrs.
Name: Herstmonceux Wander
Leader: Mary B Tel.(mobile) 07982 039157.
Meet: See info below.

Info: Lets enjoy an extra walk in May. Take 53 bus towards Bexhill at 9.50am from Gildridge Rd. Walk starts approx. 10.40 as bus arrives at Brewers Arms, Herstmonceux. Enjoy a wander and a coffee. Return busses Hourly.

Day: Saturday 16th May

Start Time: 10.30 hrs.

Name: A Spring Wander Around the Lake.

Leader: Pam B Tel: 01323 764020.

Meet: Bus stop near Beach Deck.

Info: We take a leisurely stroll over to Princes Park to enjoy the picturesque lake and swans.

Day: Saturday 23rd May

Start Time: 10.00 hrs.

Name: Crumbles and Sea Front Walk.

Leader: Ted & Janet. Tel: 01323 504459.

Meet: Asda, (Crumbles).

Info: A gentle stroll through harbour and along the seafront to Eastbourne.

Day: Saturday 13th June

Start Time: 10.30 hrs.

Name: Another Seafront Stroll.

Leader: Pam B Tel: 01323 764020.

Meet: The Sovereign Centre.

Info: Walk along to Langney Point. A nice and easy stroll.

Day: Saturday 27th June

Start Time: ? hrs.

Name: Origin Of Eastbourne.

Leader: : John R. Tel: (Mobile) 07548 705996 / 01323 648532.

Meet: Eastbourne Station (exit – Taxi Rank).

Info: An interesting linear stroll with John learning about our Town's history. Our walk will take approximately 1 hour and finish at Waitrose, where we can either return independently on foot or alternatively use the local bus.

Leisure

DAY: Saturday 4th April

Start Time: 10.00 hrs

Name: Birling Gap With a Sister or Two

Leader: Colin and Julia. 07446 458138

Meet: Friston Church

Info: 5 Miles. Linear walk. Frequent buses No. 12A/12X car park at Crowlink and East Dean. End time 13.00

DAY: Saturday 11th April

Start Time: 10.00 hrs

Name: Spring in the Forest

Leader: Rose
Meet: East Dean bus stop
Info: 5 Miles. Linear walk to Exceat Visitor Centre via Friston Forest. Some high steps. End time 13.00
DAY: Saturday 18th April
Start Time: 10.00 hrs
Name: Friston Forest Circular
Leader: Anita. 07803 360361
Meet: Exceat Visitor Centre
Info: 5 Miles approximately. Buses 12A/12X Gildredge Road, stand G1. Could be muddy. End time 13.00
DAY: Saturday 25th April
Start Time: 10.00 hrs
Name: Youth Hostel Circular
Leader: Brigitte. 07710 697088
Meet:
Info: 5.5 Miles. Golf course and outskirts of East Dean via Eldon Bottom. Hilly. End time 13.00
DAY: Saturday 2nd May
Start Time: 10.00 hrs
Name: Friston to Exceat
Leader: Gill. 07900 860861
Meet: Friston Pond
Info: 5 Miles. Linear walk to Seven Sisters Country Park. Some steep slopes, could be muddy. End time 13.00.
DAY: Saturday 9th May
Start Time: 10.00 hrs
Name: Friston Forest Circular
Leader: Anita. 07803 360361
Meet: Friston Pond
Info: 5 Miles. 1 steep ascent, could be muddy. Bus 12/12X Gildredge Road stand G1. End time 13.00.
DAY: Saturday 16th May
Start Time: 10.00 hrs
Name: Downs and Churches
Leader: Margaret. 07807 528298
Meet: North Road, Alfriston
Info: 5 Miles. 1 steep hill, couple of stiles. Bus 25 9am. End time 13.00
DAY: Saturday 23rd May
Start Time: 10.00 hrs
Name: Downland Views of East Dean
Leader: Linda. 07361 616830
Meet: Friston Pond
Info: 4.5 Miles. 1 steep hill, 2/3 stiles. Finish East Dean or walk back to Friston for 5 miles. End Time 13.00
DAY: Saturday 30th MAY

Start Time: 10.00 hrs
Name: A Tiger for Tea
Leader: Christine. 07772 235395
Meet: East Dean car park
Info: 5 Miles. 1 steep hill. refreshments at Birling Gap. End time 13.00 hrs
DAY: Saturday 6th JUNE
Start Time: 10.00 hrs
Name: Hiking Round Trip On Weald Way
Leader: David. 07713 938695
Meet: Youth Hostel
Info: 5.3 Miles. Undulating. End time 13.00
DAY: Saturday 13th JUNE
Start Time: 10.00 hrs
Name: Down and up and downs
Leader: Pete and Wendy. 07504 424693
Meet: South Downs Way bus stop opposite Golf Club
Info: 5.5 Miles. Linear, 3 hills. Bus 12A/12X . Finish East Dean. End time 13.00
DAY: Saturday 20th JUNE
Start Time: 10.00 hrs
Name: Walk with Hope
Leader: Bob. 485643 or 07593 856500
Meet: Martello Tower, Seaford.
Info: 5 Miles. Undulating walk over south downs. Bring own refreshments. Bus 12X Gildredge Road 9.06am to Seaford library. Finish East Dean. End time 12.45
DAY: Saturday 27th JUNE
Start Time: 10.00 hrs
Name: Alfriston To Rathfinney and Back
Leader: Linda. 07361 616830
Meet: North Road near school.
Info: 4.5 Miles. We walk to the top of the vineyard, back through it (coffee stop possible at vineyard buildings. Bus 25 Gildredge Road 9am. End time 13.00

Longer Walk

DAY: Saturday 11th April
Start: 09.45
name: Daffodils in Telescombe
Leader: Doris & Gavin – 07552763683
Meet: Southease Youth Hostel. BN8 6JS
Info: 8 miles. Some climbs, possible mud. Refreshments available at the cafe, at the end of the walk. End time approximate. End time 13.00 hrs.
DAY: Saturday 25th April
Start: 09.45
Name: Capital Punishment
Leader: Pete & Naomi - 07745309407

Meet: East side of East Sussex council office car park Lewis (£1.10 Saturdays)
GR409099.

Info: 7.5 miles. End time 13.15 hrs, approximate.

DAY: Saturday 9TH April

Start: 09.45

Name: East Dean Circular

Leader: Christine - 07771631595

Meet: East Dean car park

Info: 8 miles Via Jevington. Hills, downland forest, few stills. 1000ft of ascent. End time 13.30, approximate.

DAY: Saturday 23rd May

Start: 09.45

Name: Downland and Forest Trails with Channel Views

Leader: Colin & Julia - 07446458138

Meet: East Dean car park

Info: 9 Miles. Varied walk, including Friston Forest, the coast and extensive downland views. Frequent No12 buses from Gildredge Road to Brighton. End time 13.45 hrs, approximate.

DAY: Saturday 6th June

Start: 09.45

Name: Pevensey Castle and Back

Leader: Martyn & Jayne - 07730249876

Meet: Pevensey Castle car park - Free on street parking in the village

Info: 8 Miles. Walk across Pevensey Levels and back. Possible pub lunch afterward. End time 13.30 hrs, approximate.

DAY: Saturday 20th June

Start: 09.45

Name: Old town to Jevington and Back

Leader: Peter Slepokura 07827360784

Meet: First Serve Cafe. Longland road. Eastbourne BN20 8HY. On street parking.

Info: 8 Miles. Old Town to Jevington and back. End time 12.45 hrs.

Sunday

Day: Sunday 5th April.

Start Time: 10.00 hrs.

Name: Rathfinny & Beyond.

Leader: Doris & Gavin. Tel: 07552 763683

Meet: Alfriston, North Road, by school.

Info: 10 Miles. Hills, slopes and hopefully no mud!

Day: Sunday 12th April.

Start Time: 10.00hrs.

Name: Heathland Views to Sea & Downs.

Leader: Colin & Julia. Tel: 07446 458138.

Meet: Chalk Farm, Willingdon BN20 9JD

Info: 10 Miles.
Day: Sunday 19th April.
Start Time: 10.00 hrs.
Name: Two Over.
Leader: Sue. Tel: 07754 287333.
Meet: High & Over car park, via Rathfinny, Littlington.
Info: 10 Miles.
Day: Sunday 26th April.
Start Time: 10.00 hrs.
Name: Cowbeech.
Leader: Marion & John. Tel: 07732 971557 .
Meet: On Road at Cowbeech nr Merrie Harriers, Cowbeech Rd, BN27 4JQ.
Info: 10.5 Miles. End time 15.00 hrs GR TQ619145. Field paths and woods.
Day: Sunday 3rd May.
Start Time: 10.00 hrs. End Time: 15.00 hrs. Miles: 10.4
Name: Sisters, Bluff, Meander & Beech.
Leader: Gary. Tel: 07818 070106.
Meet: Crow Link NT Car Park (fee), Friston. BN20 0AX. GR TV54959.
Info: 10.4 Miles. End time 15.00 hrs. Hills.
Day: Sunday 10th May.
Start Time: 10.00 hrs.
Name: If's and Butt's.
Leader: : Ian & Donella. Tel: 07916 771204.
Meet: Butts Brow car park. Parking fee, Ringo.
Info: 10 Miles. Hills!
Day: Sunday 17th May.
Start Time 10.00 hrs.
Name: An Umbrella to the Dead.
Leader: Jacqui. Tel: 07951 700121.
Meet: Ditchling Village Hall car park, BN6 8TT.
Info: 10.5 Miles. Steep Hills. End time 15.00 hrs.
Day: Sunday 24th May.
Start Time: 10.00 hrs.
Name: Blackboys Loop.
Leader: Peter. Tel: 07827 360784.
Meet: Village Hall, Gun Rd, Blackboys. TN22 5JY.
Info: 10 Miles. End Time 15.00 hrs.
Day: Sunday 31st May.
Start Time: 10.00 hrs.
Name: Retreat from Battle.

Leader: Wendy & Steve. Tel: 07902225328.
Meet: Mount Street car park, Battle. TN33 0AR (fee).
Info: 10 Miles. Paths/fields/woods. End time 15.00 hrs.
Day: Sunday 7th June.
Start Time: 10.00 hrs.
Name: John's Big Birthday Walk.
Leader: John & Marion. Tel: 07732 971557.
Meet: Old Eastbourne Youth Hostel, East Dean Rd, BN20 8ES.
Info: 10 Miles. Downland paths that we know and love. End time 15.30 hrs.
Day: Sunday 14th June.
Start Time: 10.00 hrs.
Name: In"vert"ed Triangles.
Leader: Dawn & Mark. Tel: 07522 868684
Meet: Lay-by in front of Wok Inn, BN8 6PH, off B2192.
Info: 10 Miles. Lunch at Laughton Green. Lanes, fields and woods. End time 15.00 hrs
Day: Sunday 21st June.
Start Time: 10.00 hrs.
Name: Mayfield Vistas.
Leader: Lesley. Tel: 07933 237300.
Meet: Mayfield Memorial Hall car park TN20 6PJ. End time 15.15 hrs.
Info: 9 Miles. Views and evidence of the Iron Industry.
Day: Sunday 28th June.
Start Time: 10.00hrs. End Time: 16.00 hrs. Miles: 11.5
Name: Cuckmere Pilgrim Trail.
Leader: Judith. Tel: 07526 458100.
Meet: North Road by school, Alfriston.
Info: 11,5 Miles. Mostly flat countryside. End time 16.00 hrs.

Evening

Day: Wednesday 6th May
Start Time: 6 pm.
Name: Watching the Developers
Leader: Bob Jeffery 01323 485643/07593 856500
Meet: Triangle, Lower Willingdon
Info: 4.5 Miles. Many buses from Gildredge Road, pub stop at finish.
DAY: Wednesday 20th May
Start Time 6 pm.
Name: Walk on, Walk on with Hope in your heart
Leader: John Carmody 01323 726334/07788 749610
Meet: Seaford Martello Tower
Info: 4.5 miles. 12X/12A bus from Gildredge Road, pub stop at finish.

DAY: Wednesday 3rd June

Start Time: 6 pm.

Name: 1066 and all that

Leader: : Margaret Devlin 07807 508298

Meet: Pevensey Castle entrance by pub

Info: 5 miles. Flat walk, few stiles. Refreshments available at finish. Parking at other side of castle. Bus 99 check bus times, train to Pevensey and Westham & short walk to start of walk.

DAY: Wednesday 17th June

Start Time: 6pm.

Name: East Dean circular

Leader: Gill Morris 07900 860861

Meet: East Dean Car Park or bus 12A/12X/end at Tiger Inn

Info: 4-5 miles. Some steep inclines, could be muddy. Pub stop at finish.

Walks usually take between 1½ and 2 hours.